

Waa maxay dhakaakuhi (autism)?

1. Waa maxay dhakaakuhi (autism)?

Dhakaakuhi waa xaalad cimri dherer ah ama nolosha oo dhan lagu jiro oo beddesha habka maskaxdu u korto ayna u shaqayso.

2. Maxaa keena dhakaakaha? Khuburrada

intooda ugu badan ayaa u arka in aanay jirin sabab keliya oo keenta ama dhalisa dhakaakaha, waxuuna mararka qaar ka iman karaa hiddesideyaasha. Waxuu bilaabmaa ka hor inta uusan ilmuhi dhalanin, xataa haddii ay xoogaa sano ku qaadato si loogu arko. Dhakaakuhi KAMA yimaaddo waalidnimada xun, tallaallada, caabuqyada ama jeermisyada, cuntada la cuno ama ma hadhada.

3. Miyuu bogsiiin leeyahay? Maya, bogsiiin ma leh oo lama wada daawayn karo, oo bogsiiin uma baahna. Daacad ma aha daawaynta kaste lagu sheego in ay bogsiiin u tahay.

4. Cidma ayaa dhakaake yeelan karta? Waxaa dhakaake yeelan kara dadka ah jinsi kaste, midab kastoo harag, dhaqan kaste, asal kaste, diin kaste.

5. Miyay suurogal tahay in “laga koro”

dhakaakaha? Maya, waayaha ama dhacdooyinka soo mara dadka dhakaakaha leh iyo kartiyahooda ayaa is beddeli kara inta ay nool yihiin, sida qof walba, laakiin waxay weligood yeelan doonaan dhakaakaha. Dhakaakuhi waxuu qayb muhiim ah ku leeyahay aqoonsiga dadka ama cidda ay yihiin.

6. Maxay samayn karaan dadka dhakaakaha

leh? Dadka dhakaakaha leh waxyaabo aad u fiican ayay samayn karaan, sida dadka aanan dhakaakaha lahayn. Waxaa laga yaabaa uun in ay waxyaabaha qaarkood si ka duwan u sameeyaan.

Kula hadalka 2 luqadood (ama ka badan!) ilmahaaga?

Waxaad ka heli kartaa buug-yarahaan internetka:



Buugyarahan macluumaadka waxaa bishii Juun 2021 qoray Dr Bérengère Digard iyo Dr Rachael Davis (oo ka socda Jaamacadda Edinburgh), waxaana ka caawiyey:

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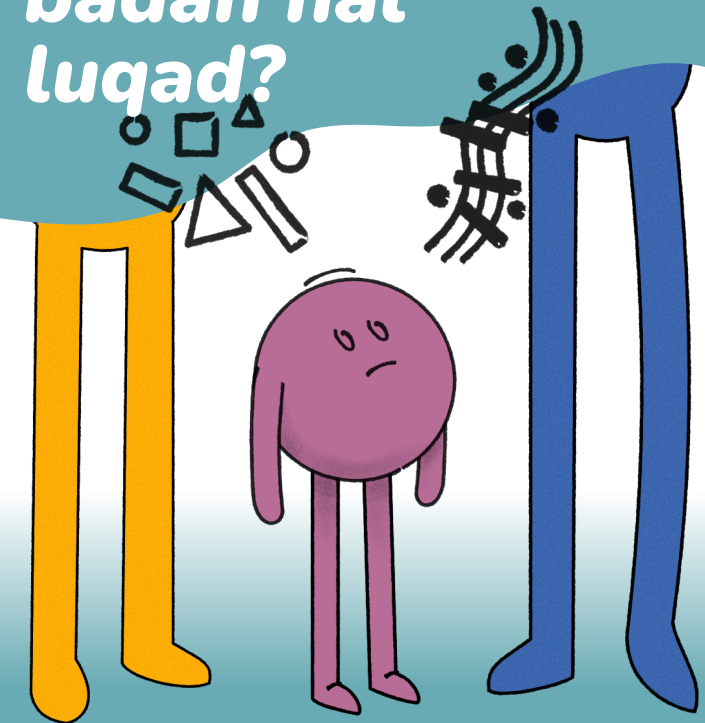
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Ilmahaygu dhakaake ayuu leeyahay, miyay habboon tahay in la baro in ka badan hal luqad?



Waxaa dabiici ah in aad doorbiddo in aad carruurtaada kula hadasho luqaddaada gaarka ah. Haddii aad ka walwal qabto in ay dhibaato keeni doonto marka aad ilmahaaga dhakaakaha leh (autistic) kula hadasho luqaddaada gaarka ah, buugyarahan ayaa adiga kugu habboon.